

Generations, All About Elders
a premier geriatric care management company
617 739 1639

RETURN HOME with Generations
from a hospital or rehabilitation facility?

Did you leave home in an emergency? Was it after a fall or illness? What's on your mind when you're about to return to your home after you've been away for a while?

Let us help you prepare to get back safely with less stress, fresh food in the refrigerator and clean sheets on the bed.

And most important, provide you with the attention to details that can prevent a re-admission.

HOW IT WORKS

Generation's newest service, **Return Home with Generations**, begins with our meeting you and your medical 'team' days before your day of discharge to review what needs to be done to make certain your return home is seamless. Our staff's professional oversight will ensure that your homecoming is successful and relieves you of the anxiety of what is usually a very difficult transition. This service is exceptionally important if you don't have anyone local to help you, or if your family doesn't live close by.

Some of the topics we include in our evaluation are the following:

1. Transportation home
2. Arrange follow up doctor appointments
3. Medication management
4. Supplies
5. Food & meal preparation
6. Laundry/housekeeping
7. Private home care services/companion arrangements

The case management staff you have now will assist you in setting up some of these services, but there is a great deal of value in your having your own representation. For one thing, once you leave the facility, they are no longer responsible to follow up on your condition.

Our service is an extension of your present discharge planners, but more community-based. We are able to engage you and your family in long-term care planning and address social issues as well as your immediate transitional needs.

Generations, All About Elders has been in business over a decade. We are happy to provide you with letters of recommendation. Let us help you at this crucial time in your healthcare. It's an investment in your future health as well.

The cost for this service is \$750.00 and covers up to 5 hours of experienced care management. Additional time is billed at \$160/hour. Home care companions are a separate charge; we will arrange this for you at their going hourly rate.

State of Affairs Today with hospital Re-admissions:

According to the New England Journal of Medicine study done 2009:

- Costs to the healthcare system is approximately 17.4 billion in 2004.
- More than $\frac{3}{4}$ of these re-admissions are potentially preventable.
- The current reimbursement system is unsustainable.
- Reimbursement system is moving towards rewarding providers for improved patient outcomes (measured.)
- Solutions are currently being piloted and developed to reduce re-hospitalization and encourage the healthcare continuum to improve patient outcomes.

Causes of readmissions:

- Poor discharge planning
- Poor handoffs
- Lack of medication reconciliation
- Fractured discharge plan
- Discharged too soon
- Good at focusing on patients right in front of them, but NOT thinking about when the patients goes out the door.
- Now looking at the 'all cause' readmission picture rather than disease specific.
- Patients are cycling in and out due **to lack of coordination** rather than their medical condition.

Focus of Collaboration:

Remington Report: “many evidence based protocols demonstrated to reduce readmissions depend on coordinated actions of more than one provider, and of effective incorporation of patients, families, and community healthcare stakeholders”.